



VINEYARD FAMILY SERVICES

WE FEED KIDS IN NEED, PROMOTE RESPONSIBLE FATHERHOOD, AND HELP FAMILIES IN CRISIS.

F.I.T. DAD

For Fathers

24/7 Dad Curriculum

Topics covered:

- Self-Awareness
- Fatherhood Skills
- Relationship Skills
- Co-Parenting Skills
- Taking Care of Self

Facilitators:

Ward Williams

ward@vfsdads.com

205-533-7852

Derick Williams

derickwillvfs@gmail.com

205-704-0594

KEEP YOUR LOVE ON

For Mothers

Understanding Dad/Keep Your Love On Curriculum

Topics covered:

- Understand the importance of your role as a mother
- Build a conflict-resistant connection with your children & family
- Increase positive interactions in your relationships
- Improve communication patterns
- Understand the importance of fathers
- Strengthen your parenting & co-parenting skills

Facilitators:

Stephanie Grissom

stephiegrissomo@gmail.com

205-317-9897

Charity Havercroft

charityhavercroft@gmail.com

205-837-0265

LOCATION FOR BOTH CLASSES:

Pelham Mall: 2834-H Pelham Parkway Pelham, AL. 35124

DURATION:

8-Week Course

DAY & TIME

**Tuesday Evening, 6pm-7:30pm
Or By Appointment**

www.vfsdads.com

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